



Pumpkin Patch

*Gallop Around
The Patch*

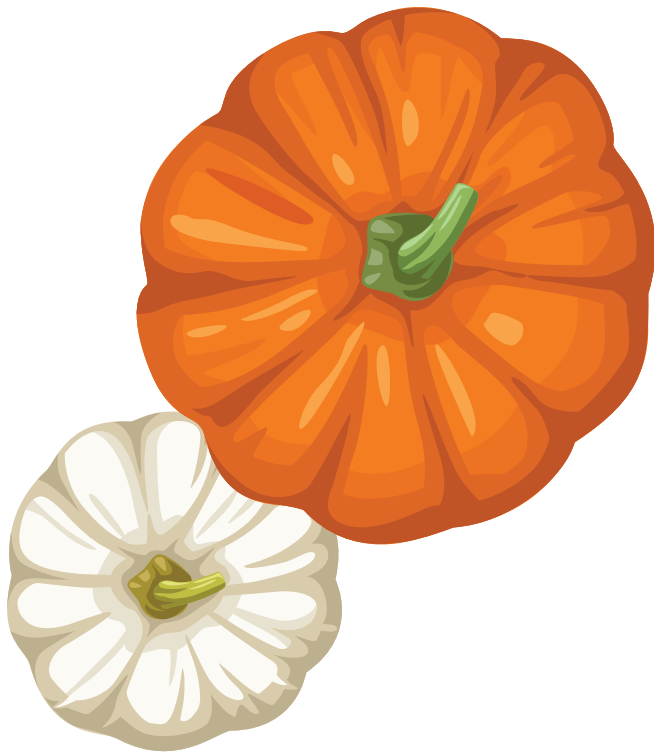
(Around The Room)



Pumpkin Patch

*Heel Walk
Through The
Patch*

(Around The Room)



Pumpkin Patch

*Tip Toe
Through The
Patch*

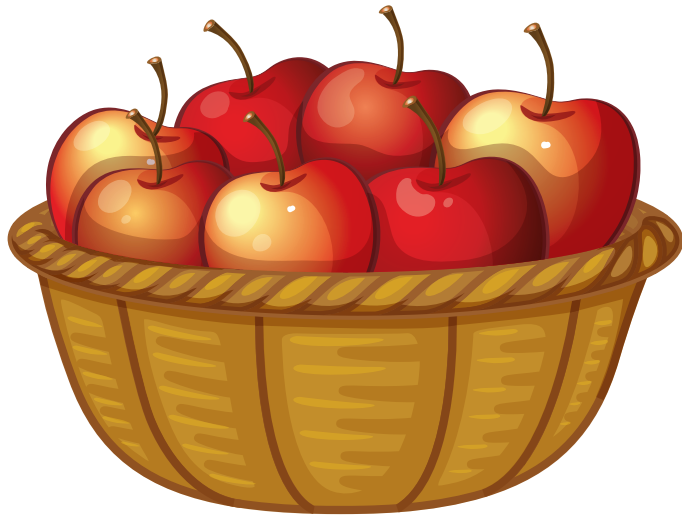
(Around The Room)



Pumpkin Patch

*Side Step
Around The
Patch*

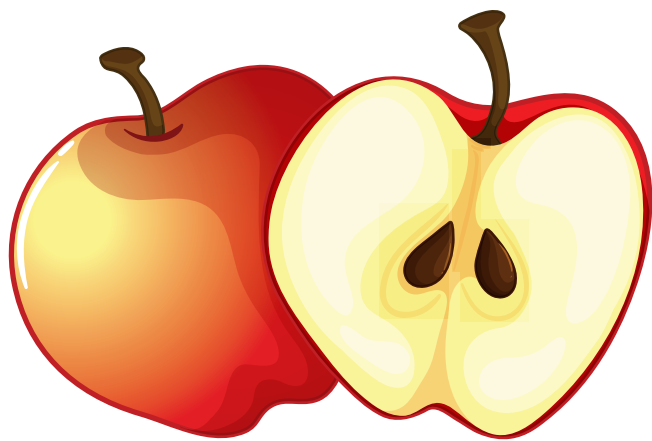
(Around The Room)



Apple Picking

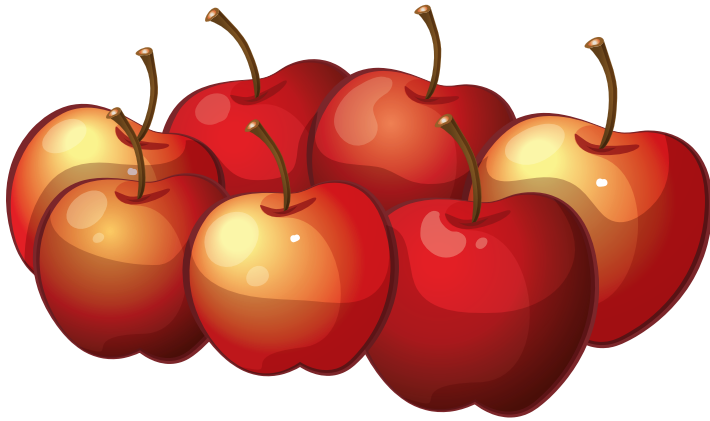
*Toe Raises
x30*

*(Go up and down on
your heels.)*



Apple Picking

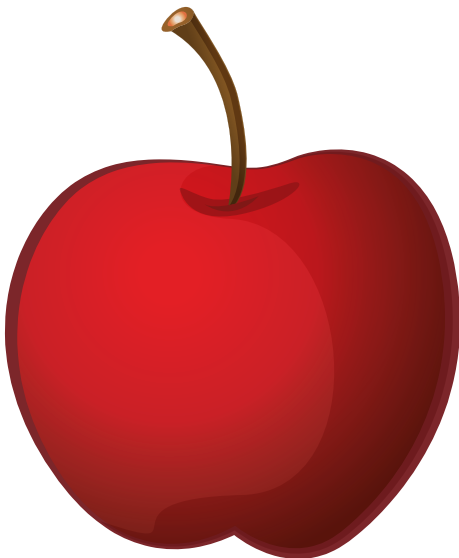
*Ladder Climb:
March Right leg.
Lift Left Arm.
Repeat On
Opposite Side x 15*



Apple Picking

*Heel Raises
x30*

*(Go up and down on
your heels.)*



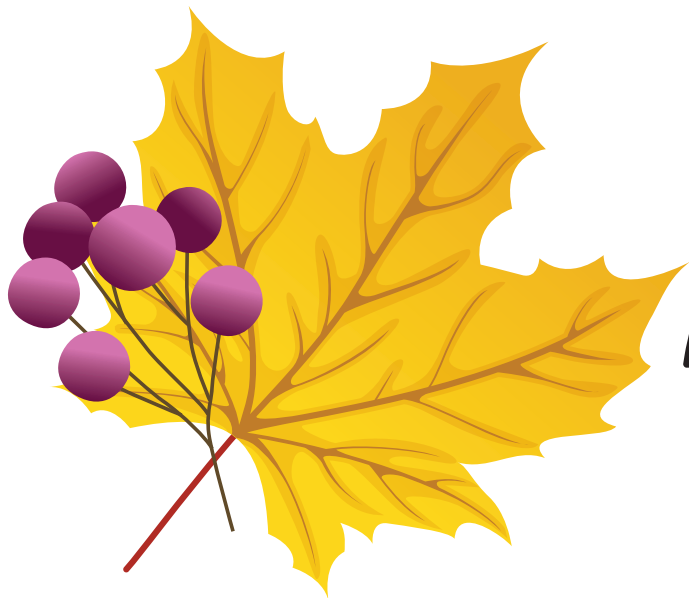
Apple Picking

*Arms
Overhead Pick
Apples x30
Seconds*



Don't Fall

*Stand With Your
Left Toe Touching
Your Right Heel
x30 Seconds*



Don't Fall

*Balance On Your
Right Foot x30
Seconds*



Don't Fall

*Balance On Your
Left Foot
x30 Seconds*



Don't Fall

*Stand With Your
Right Toe Touching
Your Left Heel
x30 Seconds*